

PLAZA III

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PLAZA III STEAK: INDOOR STOVETOP



FILET & RIBEYE

- 1 Turn pan on high and heat for 5 minutes.
- 2 Sprinkle steak with Plaza III Steak Seasoning and rub steak lightly with salad oil.
- 3 Place in center of cast iron pan, drizzle with 1 tsp. oil, and cook for 5 minutes.
- 4 Flip and cook for another 5 minutes.
- 5 Turn filet on its side and cook for 2 minutes before doing the same to the other side.
- 6 Using a meat thermometer, test the center of the steak for desired doneness.
- 7 Rest for 5 minutes and allow juices to redistribute before cutting. Place 1 oz of the Plaza III Steak Butter in the middle of the steak to melt.

THAWING INSTRUCTIONS:

Defrost in a refrigerator overnight and remove 20 minutes before for a better sear. Or, place steak package in a dish under running cold water.

PLAZA III STEAK: OUTDOOR GRILL



FILET & RIBEYE

- 1 Turn grill to high, cover, and heat for 15 minutes.
- 2 Lightly oil a paper towel and use tongs to rub oil on the grill grates to season.
- 3 Sprinkle steak with Plaza III Steak Seasoning and rub lightly with salad oil.
- 4 Place in center of the grill, cover grill, and cook for 5 minutes.
- 5 Turn steak 45 degrees on the same side and cook another 4 minutes. This will give you steakhouse-style grill marks. Flip and cook for another 5 minutes.
- 6 Using a meat thermometer, test the center of the steak for the desired doneness. Rest for 5 minutes to allow juices to redistribute before cutting.

THAWING INSTRUCTIONS:

Defrost in a refrigerator overnight and remove 20 minutes before for a better sear. Or, place steak package in a dish under running cold water.

STEAK SOUP & SEAFOOD BISQUE



STOVETOP

- ① Place frozen soup into a pot. When cooking partially thawed soup, add enough water to cover the bottom of the pot to prevent scorching.
- ② Cook over medium heat stirring frequently until heated to 165°F.



MICROWAVE

- ① Once thawed, empty freezer container into a microwave-safe bowl and cover with plastic wrap.
- ② Poke holes in the wrap for ventilation and microwave in 2-minute intervals, stirring at each interval.
- ③ Repeat as necessary until the internal temperature is 165°F. Average total cook time is 6 minutes.

THAWING INSTRUCTIONS:

Defrost in the refrigerator 8 – 10 hours (recommended), or place in a microwavable container and heat on high for 60 seconds.

PLAZA III

CRAB CAKES



PAN SAUTÉ FROM THAWED

- 1 Heat 1.5 Tbsp. oil per cake in pan for 1 minute over medium heat and then carefully add the crab cakes to the pan and cook for 2.5 – 3 minutes.
- 2 Flip and sauté an additional 2 – 3 minutes until golden brown.
- 3 Place crab cakes on paper towels to remove excess oil before serving.



BAKE FROM FROZEN

- 1 Preheat oven to 425°F and place crab cakes on a lightly oiled baking sheet.
- 2 Bake for 15 minutes until golden brown. (Flipping midway through is optional.)

THAWING INSTRUCTIONS:

Defrost in the refrigerator 8 – 10 hours, or place in a microwaveable container and heat on high for 30 seconds, flip, then heat for 15 seconds.